# Exercise18-String Methods Practice

Let's get some practice working with string methods. I've provided you with a variable in index.js called message.  Without altering the original value stored in message, please define a variable called whisper that is a **lowercased** version of message, with all the extra space at the beginning and end removed.  You will need to use **two string methods that we just covered.**  Don't forget you can chain them together on a single line!